



Trainings and Resources

Metro Volunteers provides in-depth training, guidance and ready-to-use tools to lead community change – to help you properly channel volunteer passion into mission-critical objectives and achieve greater community impact through more engaged volunteers.

Web Resources

In addition to the trainings listed below, please visit www.metrovolunteers.org for online trainings offered throughout the country, downloadable tools and resources for various aspects of volunteering.

Training Offerings

Board Leadership Program

Description: Become the best board member you can be. Learn to serve as a board member and identify a board that is the right fit for your interests and skills. You will explore different types of boards and roles on boards, what makes a great board member and how local organizations find new board members. Learn how to approach organizations and get in touch with the right people in your community. Working with Metro Volunteer staff you will create a profile that will be used to match you with local organizations as well as help you identify what skills you can offer nonprofit organizations.

Audience: Anyone interested in becoming a board member, brushing up on how to be an effective board member in the Denver area, or businesses interested in supporting their employees to become more involved in the community.

Takeaways: You will leave with a profile in our matching database and contact information for at least 5 agencies that meet your skills and expectations.

Boomer Volunteers with Impact and Purpose: A Strategy for Organizational Capacity

Description: Learn about Boomers and new ways to effectively engage them in your mission-centered work. You'll review trends and demographics, distinguish volunteer engagement from volunteer management, and learn about key points to what's needed to have a boomer-friendly organization.

Audience: Executive director, key volunteer, program staff, volunteer manager, board member, school staff, principal or teacher.

Takeaways: You will develop your own practical work plan which includes increasing your organizational capacity, measurements, and sharing tangible results of your initiative.

Continuity of Operations: Keeping Your Doors Open When a Disaster Hits

Description: This training provides practical tools, knowledge and insight for your organization to put a viable Continuity of Operations plan in place and to keep you in business in the event of an emergency. You'll learn about protecting your assets, ensuring the safety of your employees, and doing whatever it takes to keep serving your community and constituents.

Audience: Executive director, program staff, volunteer manager, business person, school staff, principal, or teacher.

Takeaways: The foundation for your own internal COOP plan, insight into what your essential functions and assets are, and a template to take back and complete the plan with key players within your organization.

Effective Neighboring: Build Mutually Rewarding Community Relationships

Description: Come join other professionals in an interactive session. Learn to use tools to build win-win partnerships with non-traditional groups, grassroots organizations, and communities of color. Apply asset mapping as a tool to build strong relationships. Participants are invited to bring your current challenge(s) around these issues to gain practical insights.

Audience: Executive director, program staff, volunteer manager, key community volunteers.

Takeaways: You will leave with neighboring tools to build mutually rewarding relationships into your ongoing work.

Engaging Volunteers with Disabilities

Description: This training gives you the tools to create an inclusive environment and effectively engage volunteers with mental and physical disabilities. You'll learn general disability etiquette/sensitivity training, making space accessible, using assistive technology, employing a virtual volunteering program, and recruiting and supporting prospective candidates at all levels within the organization including board members.

Audience: Executive director, program staff, volunteer manager, key community volunteers.

Takeaways: You will be ready to launch your own volunteer program or have additional tools and resources to strengthen your existing program.

Heart @ Work: Businesses Improving Communities

Description: Design and implement a dynamic and positive internal Employee Volunteer Program that benefits your community. You'll use customizable tools to easily adapt for your organization including tying the community program to the organization's mission, engaging employees and measuring impact. (Developed through support from Qwest.)

Audience: Business community.

Takeaways: A step-by-step guide that you can implement in your organization.

Metro Volunteers Technology & Membership Services Training

Description: This training is designed to teach Metro Volunteers' member agencies the tips and tricks of effectively recruiting volunteers with our technologies, programs and services. You'll have hands-on training in utilizing the on-line volunteer database (Hands On Technology) to create and post volunteer opportunities and respond to and manage the volunteers that are interested in your opportunities.

Audience: Metro Volunteers members only - volunteer managers, board members, executive directors, and key volunteers.

Takeaways: You'll be able to reach a broader volunteer audience using Metro Volunteers database and fully utilize your membership benefits.

Metro Volunteers Volunteer Reception Center: Being There At the Time of Need

Description: Can you be there, answering the call for help? Are you the calm one, your friends and family turn to when they need to find out what to do during an emergency? If your answer is, “YES,” we need you! The Metro Volunteers Volunteer Reception Center is only active during a Colorado emergency or disaster response and recovery effort, however training to be prepared will occur year-round. The training will prepare you to assist and manage spontaneous volunteers’ offers to help (via phone, walk-ins and applications) and connecting them to the responding agencies.

Audience: Key volunteers.

Takeaways: You’ll be ready to help Coloradoans in times of disaster or emergencies.

Project Leadership Training

Description: Combine your love of volunteering with your leadership skills to develop and execute projects at nonprofit agencies, in schools, and with business groups that address our community’s critical issues, needs, and dreams. You’ll learn the steps necessary for leading a successful project, including goals, project management, assembling a team, and leadership skills. Course developed in partnership with Point B Project Management Company.

Audience: Key volunteers, individuals.

Takeaways: Certification that you have the skills and confidence to lead your own volunteer projects.

Volunteer Engagement Boot Camp

Description: Learn the basics of a successful volunteer program including volunteer motivation and current volunteer trends, essential elements of an effective program, tools necessary to develop a volunteer program (application, job description, interview, train, connect, supervise and recognize volunteers), and a great connection to a network of colleagues.

Audience: Volunteer managers who have been in their position for six months or less, executive director, program staff; school staff, principal, teacher.

Takeaways: Job description for posting your first volunteer opportunity, recruitment, orientation and training plan, innovative ideas for recognizing volunteers.

Please visit the website www.metrovolunteers.org for further details and to register.

Accommodations for people with disabilities: After you register, you will have the opportunity to request accommodations.